COVID-19: Medical Assistance Options for Hispanic Farmworkers

Published in May 19, 2020

Context

Farm workers are considered essential to the economy in Wisconsin. To reduce the risk of infection with COVID 19, watch the video that we uploaded to the [YouTube](https://www.youtube.com/watch?v=JRgQBiDDtEQ&t=5s) channel.

Symptoms

The symptoms of COVID 19 will generally begin 2 to 14 days after exposure, and are: fever, cough, shortness of breath, chills, muscle pain, sore throat, and recent loss of smell or taste. Go to [the CDC page in Spanish](https://espanol.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) for daily updated information.

**When should you seek medical attention?**

If someone is showing any of these signs, [seek emergency medical care immediately](https://espanol.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html):

* Trouble breathing
* Persistent pain or pressure in the chest
* New confusion
* Inability to wake or stay awake
* Bluish lips or face

**What to do when you don't have health insurance?**

For information on available health insurance options, you can contact:

|  |  |
| --- | --- |
| **Entity** | **Phone number** |
| [Covering Wisconsin](https://www.coveringwi.org/covid-spanish) | (608) 261-1455 |
| [Voces de la Frontera](https://vdlf.org/es/contactenos-2/) | (414) 643-1620 |

If for any reason you cannot afford health insurance and need medical care, you can look for free clinics or community centers.

**Where can I find a free clinic or community health center?**

To find clinics near you, call 2-1-1. These clinics offer medical services to people for free.

Community Health centers have financial help to reduce the cost of the bill. You can find these free community centers and / or clinics at these links:

* <https://www.findahealthcenter.hrsa.gov/>
* <https://www.wphca.org/page/FindHealthCenter>

* <https://freeclinicdirectory.org/>

|  |  |
| --- | --- |
| **Community centers** | **Phone number** |
| Beloit Area Community Health Center | (608) 361-0311 |
| Family Health La Clinica | 1-800-942-5330 |

**If I need to be tested to confirm COVID 19, how much will it cost me?**

Those people who require the test would not have to pay for it. However, make sure and ask the health staff to see you if the test is free.

You can also contact the [Wisconsin Department of Health Services](https://www.dhs.wisconsin.gov/covid-19/testing.htm) to see if it offers specific places in the community where you can be tested. These tests are currently being offered and you can find information on how to access those tests [here](https://www.wihealthconnect.com/es/).

**Resources**

Centers for Diasease Control and Prevention (CDC)

* Symptoms and when to seek for medical assistance <https://espanol.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

UW Division of Extension

* Video: COVID19 Orientación para trabajadores agrícolas hispanos. <https://www.youtube.com/watch?v=JRgQBiDDtEQ&t=5s>

Covering Wisconsin

* <https://www.coveringwi.org/covid-spanish>
* Resources for undocumented immigrants: <https://ac72af76-3ad0-4b89-8504-21f337a04378.filesusr.com/ugd/c73b28_4a3b1522907e4ad6829030d725513834.pdf>
* Call 2-1-1 to find free clinics.
* To find community centers: <https://www.findahealthcenter.hrsa.gov/>

Voces de la Frontera

* <https://vdlf.org/es/contactenos-2/>
* Community centers: <https://www.wphca.org/page/FindHealthCenter> (Wisconsin)

 <https://freeclinicdirectory.org/> (EEUU)

* Free clinics: <https://freeclinicdirectory.org/>

Family Health la Clínica

* <https://www.famhealth.com/>

Beloit Area Community Health Center

* <https://www.chsofwi.org/location/beloit-area-community-health-center/>

Wisconsin Department of Health Services

* How to get tested for COVID19: <https://www.dhs.wisconsin.gov/covid-19/testing.htm>
* Start your self-assessment: <https://www.wihealthconnect.com/es/>

Author

María José Fuenzalida, PhD, Educadora lechera y ganadera del Condado de Dane. maria.fuenzalidavalenzuela@wisc.edu

@ 2020 The board of Regents of the University of Wisconsin System